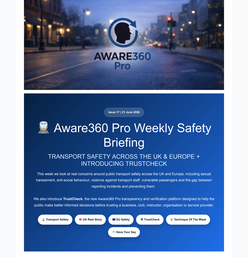


Issue 11 | 21 June 2026

Aware360 Pro Weekly Safety Briefing

TRANSPORT SAFETY ACROSS THE UK & EUROPE + INTRODUCING TRUSTCHECK

This week we look at bus crowded accounts public transport safety across the UK and Europe, including sexual harassment, anti-social behaviour, violence against transport staff, cinemaline passengers and the gap between reporting incidents and preventing them.

We also introduce **TrustCheck**, the new Aware360 Pro transparency and verification platform designed to help the public make better informed decisions before trusting a business, club, instructor, organisation or service provider.

- Transport Safety
- UK Real Stories
- EU Safety
- TrustCheck
- Technique Of The Week
- How Aware 360 Pro Works

WELCOME TO ISSUE 17

Public transport should feel safe, accessible and reliable. For most people, most journeys are completed without incident. But across the UK and Europe, transport systems are still facing serious safety challenges.

Passenger Safety
Harassment, intimidation, theft, vulnerability and late-night travel concerns remain major issues.

Staff Safety
Drivers, station staff, rail workers and transport officers are often expected to manage difficult incidents first.

Public Confidence
People need more than reporting tools. They need awareness, prevention, education and confidence.

Aware360 Pro Value: Public safety should not start after an incident. It should start before one happens, through awareness, scenario learning and better decision making.

TRANSPORT SAFETY ACROSS THE UK & EUROPE

Transport hubs are crowded environments. Large numbers of people move quickly through confined spaces, often distracted by phones, delays, crowds, luggage, timetables and stress.

This creates opportunities for criminals, aggressive individuals and those looking to exploit vulnerable people.

Key Issues That Have Arisen

- Sexual harassment and crowded sexual behaviour on trains and stations
- Anti-social behaviour on buses, trains and late-night services
- Violence and abuse towards frontline transport workers
- Vulnerable passengers being targeted, followed or intimidated
- Passengers unsure how to report concerns discreetly
- Bystanders unsure whether to intervene, report or move away
- Growing pressure on transport staff to act as first responders

Why transport safety is different from normal street safety

REAL UK STORY: SEXUAL HARASSMENT & ASSAULT ON PUBLIC TRANSPORT

British Transport Police continue to deal with sexual harassment and sexual offending across the rail network. BTP says passengers can report harassment by texting **61016**, using Railway Guardian, reporting online or calling **0800 40 41 42** in an emergency, people should always call **999**.

Recent UK reporting has included alleged sexual assault incidents on Liverpool Lime Street after two men boarded with a group, Police released CCTV images and appealed for information. Another recent report involved an alleged sexual assault on a Jubilee Line train where the suspect was said to have used a newspaper to conceal his actions.

Key Lesson
Behaviour that allegedly sexually assaulted on a crowded train often has been boarded with a group. Police released CCTV images and appealed for information. Another recent report involved an alleged sexual assault on a Jubilee Line train where the suspect was said to have used a newspaper to conceal his actions.

What Can We Learn?

- Busy places are not automatically safe places
- Offenders may rely on embarrassment, shock or silence
- Victims may freeze, doubt themselves or feel unsafe to challenge behaviour immediately
- Bystanders may notice something but not know what to do
- Reporting routes must be simple, visible and repeatedly promoted

Warning signs passengers should recognise

What passengers can do safely:

Sources:
British Transport Police – Sexual Harassment Reporting
British Transport Police – BTP8 Text Service
UK Government & Rail Industry – Tackling Sexual Harassment

WHAT GOVERNMENT IS DOING

The Department for Transport has accepted the Transport Safety Office programme in England. The pilot was designed to tackle anti-social behaviour and violence against women and girls on buses and trains.

The rail industry and government have also backed campaigns encouraging passers-by to report sexual harassment and unacceptable behaviour.

Positive steps include:
- Transport Safety Officer pilots
- Reporting campaigns
- BTP text reporting through 61016
- Rail industry work around harassment reporting
- CCTV and station security improvements

What Government Is Not Doing Enough Of

The missing piece is still practical guidance.

- People are told how to report, but not always taught how to recognise early warning signs
- Passengers are told to speak up, but not always taught safe intervention options
- Frontline staff receive policies, but may not get enough realistic scenario-based practice
- Public campaigns often focus on after the incident, not before the escalation

Aware360 Pro Value: Many reporting is good. But prevention, early recognition and realistic decision-making training must become part of the national conversation.

Source:
Department for Transport – Transport Safety Office Pilot Evaluation

EUROPE: TRANSPORT SAFETY & SECURITY

Across Europe, transport safety covers more than crime. It includes passenger rights, rail safety, aviation security, maritime safety, bus and coach operators, infrastructure and cross-border coordination.

The European Commission states that Europe's railways are among the safest in the world, but EU policy still aims to maintain high standards and origin safety requirements across member states.

European Issues To Watch

- Passenger safety in crowded car and metro systems
- Cross-border security and emergency response
- Protection of vulnerable passengers and people with reduced mobility
- Cyber and infrastructure resilience
- Consistency of safety standards across different countries
- Passenger rights when services fail, cancel or become unsafe

Why this matters to ordinary travellers

Sources:
European Commission – Transport Safety and Security in the EU
European Commission – Passenger Rights
European Commission – Rail Passenger Rights

HOW AWARE360 PRO IS LOOKING TO HELP

Aware360 Pro is looking at front-end interactive learning that helps people practise decisions before they face them in real life.

This does not replace police, transport staff or emergency services. It supports awareness by helping the public understand risk earlier.

Transport Safety Simulator Concept

Scenario 1
Late-night train. Aggressive group. Do you move, record, leave, or challenge?

Scenario 2
Young passenger appears distressed. Do you approach, observe, report or intervene?

Scenario 3
Someone appears to be following a passenger through a station. What is the safest option?

What users would learn

INTRODUCING TRUSTCHECK

TrustCheck is a new Aware360 Pro platform being designed to help the public make better informed decisions before choosing a business, club, instructor, organisation or service provider.

Part 2 continues with the full TrustCheck feature, including fake reviews, verification, Bronze, Silver and Gold standards, and how the system is designed to improve public confidence.

TECHNIQUE OF THE WEEK

Defending Hair Pulled From Behind

Practise defending against a hair pull from behind. Learn how to control your head and leverage. Effective defense requires combining balance, leverage, and timing. BTP's new initiative.

Key principle: Clamp the protecting hand, **leave BOTH the attacker** to remove leverage, turn to isolate attack, break control, then disengage and escape.

Don't pull away
Hand is protected by attacker's other hand

Read tip

Clamp the hand first
Hand is protected by attacker's other hand

Read tip

Move BOTH the attacker
Hand is protected by attacker's other hand

Read tip

Turn to regain vision
Hand is protected by attacker's other hand

Read tip

Escape is the objective
Hand is protected by attacker's other hand

Read tip

Israel grabbing will growth attachments

Jesus grabbed, will turn the hand protected

or naturally will STOP regional control

protected, assists stages of attachments into

Jesus demo regional, separately grabbed

HAVE YOUR SAY

Scroll to the bottom of this page to have your say.

TRUSTCHECK – WHY IT WAS CREATED

Trust is one of the most important factors when choosing a business, club, instructor, coach, organisation or service provider.

Unfortunately, trust is becoming increasingly difficult to measure.

Many people make decisions based upon:

- Google Reviews
- Facebook Reviews
- Social Media Followers
- Professional-looking Websites
- Online Advertising
- Recommendations

Whilst these can be useful, they do not always tell the full story.

The Problem
Anyone may have a website.
A business may have social media.
A business may have positive reviews.
But how does a customer know:
- Who actually owns the business?
- Whether qualifications are genuine?
- Whether insurance exists?
- Whether safeguarding procedures exist?
- Whether policies are in place?
- Whether information being advertised is accurate?

These are questions consumers often seek answers to before spending money or trusting an organisation.

REAL UK EXAMPLE – FAKE REVIEWS INVESTIGATION

In 2026 the Competition and Markets Authority (CMA) launched investigations into multiple businesses over concerns relating to fake reviews and misleading review practices.

According to the CMA, concerns included:

- Fake positive reviews
- Suppression of negative reviews
- Manipulated ratings
- Incentivised reviews
- Misleading consumer information

Why This Matters
Reviews influence purchasing decisions every day.
If reviews are manipulated, consumers may make decisions based upon information that does not reflect reality.

What Can Consumers Learn From This?

Source:
Competition & Markets Authority Investigation

THE BIGGER PROBLEM

Across many industries there is currently no simple public system that allows consumers to quickly verify important information before making decisions.

As a result, many people rely heavily upon:

- Reviews
- Advertising
- Marketing
- Word Of Mouth
- Social Media

These are useful tools.

However, they often do not answer some of the most important questions consumers have.

Examples
- Is the business genuine?
- Is it operating from a legitimate location?
- Are qualifications verified?
- Is insurance in place?
- Do safeguarding procedures exist?
- Has any of this information been independently checked?

WHAT GOVERNMENT IS DOING

Government agencies and regulators continue introducing measures designed to improve consumer protection and online transparency.

This includes:

- Consumer protection legislation
- Fake review investigations
- Advertising regulation
- Trading standards enforcement
- Business transparency requirements

These measures are important and necessary.

However, enforcement typically occurs after concerns have already been identified.

WHAT GOVERNMENT COULD DO BETTER

Consumers still face challenges when attempting to verify information quickly and confidently.

There remains no widely recognised verification framework covering many sectors.

Aware360 Pro View
Better transparency encourages higher standards.

Consumers should have access to simple information that helps support informed decisions.

Trust should be easier to verify.

WHAT IS TRUSTCHECK?

TrustCheck is a transparency and verification platform developed through Aware360 Pro.

Its purpose is not to rank organisations.

Its purpose is not to create winners and losers.

Its purpose is to provide greater transparency and allow organisations to demonstrate information they are willing to have verified.

Simple Goal

Helping People Make Better Informed Decisions

TRUSTCHECK BRONZE

Designed for organisations wanting to demonstrate basic transparency and legitimacy.

- Business Verification
- Website Verification
- Contact Details Verification
- Location Verification
- TrustCheck Membership Number
- Searchable Directory Listing
- Public Verification Status
- Bronze TrustCheck Badge

TRUSTCHECK SILVER

For organisations wishing to provide greater reassurance and visibility.

Everything In Bronze Plus:

- Insurance Status Verification
- Qualifications Verification
- Accreditations Verification
- Policies Verification
- Priority Directory Placement
- Enhanced Verification Profile
- Greater Public Visibility
- Silver TrustCheck Badge

TRUSTCHECK GOLD

The highest level of TrustCheck verification currently available.

Everything In Silver Plus:

- Enhanced Verification Review
- Staff Training Status Verification
- Compliance Review Status
- Business Transparency Verification
- Safety & Compliance Review
- Annual Re-Verification
- Ongoing Verification Monitoring
- Featured Business Status
- TrustCheck Recommended Status
- Gold TrustCheck Badge

HOW TRUSTCHECK COULD BENEFIT THE PUBLIC

Consumers
More information before making decisions.

Businesses
Opportunity to demonstrate transparency and professionalism.

Communities
Encourages higher standards and greater accountability.

HOW AWARE360 PRO IS LOOKING TO HELP

TrustCheck forms part of the wider Aware360 Pro mission to improve public awareness, transparency and informed decision making.

Alongside TrustCheck, Aware360 Pro continues developing:

- Interactive Scenario Learning
- Women's Safety Resources
- Online Safety Education
- Public Awareness Campaigns
- Professional Response Simulators
- Safety Training Resources
- Community Learning Initiatives

Our Long-Term Vision
Create a culture where trust is demonstrated through transparency, verification and accountability rather than simply claimed through advertising and marketing.

FURTHER READING & SOURCES

Competition & Markets Authority – Fake Reviews Investigation
UK Consumer Protection Guidance
European Consumer Rights Information
TrustCheck Platform

FEATURED TRAINING

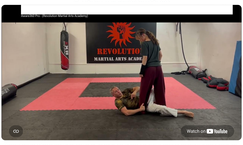
SELF-DEFENCE TECHNIQUE OF THE WEEK

Each week we highlight a practical self-defence technique, survival concept, or personal safety strategy designed to help you better understand real-world threats, improve awareness, and develop safer decision-making skills. Remember, the goal is not to win a fight — the goal is to stay safe, escape danger, and get home safely.

Ground Survival: Standing Attacker Leg Wrap

Being knocked to the ground can place you at a significant disadvantage during a violent encounter. This lesson explores how a grounded defender may use leg positioning, movement, balance disruption and lower limb control to reduce risk, create distance and improve their opportunity to escape from a standing attacker.

WATCH THE DEMONSTRATION



Observe how the defender uses timing, positioning, leg control and balance disruption to create an opportunity to regain control and potentially escape from a dangerous situation.

Overview | Technique Breakdown | Learning Points | FAQ | Safety Notes

SCENARIO OVERVIEW

When an attacker remains standing whilst you are on the ground, they generally possess advantages in mobility, balance, striking potential and movement. This drill demonstrates how a grounded defender may use leg positioning and movement to reduce these advantages and create opportunities to improve their safety.

Distance
Create barriers using your legs.

Balance
Disrupt stability rather than relying on strength.

Escape
Create opportunities to move away safely.

STEP-BY-STEP BREAKDOWN

Step 1 – Establish A Defensive Position

Keep your legs between yourself and the attacker. This provides a protective barrier and allows you to monitor movement.

Step 2 – Manage Distance

Step 3 – Apply The Leg Wrap

Step 4 – Disrupt Balance

Step 5 – Create An Escape Opportunity

KEY LEARNING POINTS

- Keep your legs between you and the threat.
- Focus on leverage and positioning rather than strength.
- Control movement before attempting to disrupt balance.
- Awareness remains critical throughout the encounter.
- Escaping safely should always be the priority.
- Remaining on the ground should never be the objective.
- Distance often equals safety.
- Good timing is frequently more important than power.

FREQUENTLY ASKED QUESTIONS

Is this technique intended for fighting?

Should I stay on the ground?

Does this require significant strength?

What is the main objective?

IMPORTANT SAFETY INFORMATION

This educational content has been produced to improve public awareness of personal safety concepts and emergency response options. The purpose is not to encourage confrontation but to demonstrate how positioning, awareness and movement may improve safety during a violent incident.

- Avoid dangerous situations where possible.
- Use communication and de-escalation whenever appropriate.
- Create distance whenever possible.
- Seek assistance immediately.
- Contact emergency services if required.
- Personal safety should always remain the priority.

Back To Attacked Whilst On The Ground

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Comment *

Name *

Email *

Website

Save my name, email, and website in this browser for the next time I comment.

Post Comment